



Quotes of Comfort

For Grieving Catholics



Blessed are those who mourn, for they shall be comforted.

Mt 5:4

Let the children come to me, and do not hinder them; for the kingdom of God belongs to such as these.

Lk 18:16

The LORD is close to the brokenhearted and saves those who are crushed in spirit.

Ps 34:18

They say in heaven that a day is as 1,000 years. It comforts me to imagine my child running ahead of me through a beautiful field of wildflowers and butterflies; so happy and completely caught up in what she is doing that when she turns to look for me, I'll already be there.

Unknown

At the foot of every cross, the mother of Jesus is always there. With her mantle, she wipes away our tears. With her outstretched hand she helps us to rise up and she accompanies us along the path of hope.

Pope Francis

Your tears were collected by the angels and were placed in a golden chalice, and you will find them when you present yourself before God..

Padre Pio

God did not come to remove suffering. He came to fill it with his presence.

Paul Claudel

The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing. . . not healing, not curing. . . that is a friend who cares.

Henri Nouwen

I sat with my anger long enough until she told me her real name was grief.

C.S. Lewis

The theological virtue of hope is the patient and trustful willingness to live without closure, without resolution, and still be content and even happy because our Satisfaction is now at another level, and our Source is beyond ourselves.

Richard Rohr

His grief he will not forget; but it will not darken his heart, it will teach him wisdom.

J.R.R. Tolkien

Sorrow, however, turns out to be not a state but a process. It needs not a map but a history, and if I don't stop writing that history at some quite arbitrary point, there's no reason why I should ever stop. There is something new to be chronicled every day.

C.S. Lewis

The secret is very simple. It is to understand that we can only transform reality fruitfully if we accept it first.

Jacques Philippe

The world is indeed full of peril and in it there are many dark places. But still there is much that is fair. And though in all lands, love is now mingled with grief, it still grows, perhaps the greater.

J.R.R. Tolkien

In the Communion of Saints, we believe that our relationships are stronger than death.

Francis Cardinal George

In the inner stillness where meditation leads, the Spirit secretly anoints the soul and heals our deepest wounds

St. John of the Cross

"When pain overwhelms my soul, and the horizon darkens like night, and the heart is torn with the torment of suffering, Jesus Crucified, You are my strength."

St. Faustina Kowalska

Therefore I will trust You always though I may seem to be lost and in the shadow of death. I will not fear, for You are ever with me, and You will never leave me to face my perils alone.

Thomas Merton

