



Eucharistic Amazement

Parish & Organization Guide



January 2023

Introduction

Our first step in any work of faith is openness to the grace of the Holy Spirit in leading our effort. Stay consistent in your personal prayer, listening to Christ's direction in your life and this work. In creating a clear and open avenue for dialogue with Christ, you welcome His Presence in your work. James 4:8 reminds us:

Draw near to God
and he will draw
near to you.

Reflect on your personal faith life – when did you fall in love with Jesus in the Eucharist? How do you continue to grow in relationship with the Body of Christ? The flames of a heart on fire for Christ are fed by the grace of the Eucharist.

- Am I drawn to Christ in the tabernacle?
- Do I invite an intimate relationship with Jesus in the Real Presence?
- What distractions pull me away from this desire of Our Lord?

As you begin, commit to individual and shared prayer as a direct action of your planning team. Open your heart to receive the guidance of the Holy Spirit in leading your work. Trust that the Holy Spirit will be present and seeks to move in and through you.

The Eucharistic Revival is not a program or study. It is not meant to usurp your ministries or divert your current initiatives. It is a time to reflect on the priorities and purpose of your work. You are invited to consider your work through the lens of relationship with Christ in the Eucharist.

What guides the priorities set in your parish/organization? What is the goal to be achieved? There are many good things to focus on and a variety of virtuous goals to be achieved. However, the ultimate source and summit of our faith is a person. Jesus is the goal, the Holy Spirit serves to guide and the grace of the Eucharistic Lord changes lives.

Membership in any Catholic parish or organization is meant to be a life-changing experience. The community of faith we journey with in this life should support us in achieving personal holiness through relationship with Christ, lived in the sacramental grace of the Church.

Just as your individual response to Eucharistic Revival in your life will be very personal, so too the response of your parish, team and/or organization will also be unique to your specific community.

Revival Origins



The Eucharistic Revival is a three-year initiative that aims to inspire, educate, and unite. In a world where not many people know Jesus intimately, the revival is meant to show everyone what wonders the True Presence of Jesus can do to heal the soul. Through a carefully planned timeline of events, after three years, the U.S. bishops hope to change the lives of many Catholics and non-Catholics alike.

Mission

To renew the Church by enkindling a living relationship with the Lord Jesus Christ in the Holy Eucharist.

Vision

To inspire a movement of Catholics across the United States who are healed, converted, formed, and unified by an encounter with Jesus in the Eucharist—and who are then sent out on mission “for the life of the world.”

When Bishop Cozzens became the Committee on Evangelization and Catechesis’ chairman in 2020, he continued to move ahead with plans for the revival, and in 2021 the U.S. Catholic bishops voted to approve the initiative. In November 2022, the bishops elected Archbishop Charles C. Thompson of Indianapolis, in whose archdiocese the National Eucharistic Congress will take place, to succeed Bishop Cozzens as chairman of the evangelization and catechesis committee in November 2023.

An unpublished study from the Center for Applied Research in the Apostolate at Georgetown University in Washington, D.C., recently found that 40% of Catholics said they believe the Church’s teaching on the real presence, Bishop Cozzens told OSV News. While that’s a higher percentage than the 2019 Pew study found, only 15% of Catholics CARA surveyed said they go to Mass every Sunday, Bishop Cozzens said.

That 25% discrepancy shows there are Catholics who, despite their catechesis, “haven’t encountered Jesus as a real, living person in the Eucharist,” he said. “And that encounter is what changes everything.”

31% of Catholics who know and believe in the Eucharist.¹

The idea for a Eucharistic revival was conceived while Bishop Robert E. Barron — then an auxiliary bishop of Los Angeles and now head of the Diocese of Winona-Rochester, Minnesota — was chairman of the U.S. Conference of Catholic Bishops’ Committee on Evangelization and Catechesis, and after a 2019 Pew Research Center survey found that only 31% of Catholics understood Catholic teaching that the Eucharist is truly the body and blood of Christ.

39% of Catholics attend Mass weekly²

-10,776 decrease in priests since 2000³

12,000,000+ individuals who have had serious thoughts of suicide during the last year in the United States⁴

Below 50% of adults in the US belong to a church of congregation⁵

¹ Gregory A. Smith, “Just One-Third of U.S. Catholics Agree with Their Church That Eucharist Is Body, Blood of Christ,” Pew Research Center (Pew Research Center, May 30, 2020), <https://www.pewresearch.org/fact-tank/2019/08/05/transubstantiation-eucharist-u-s-catholics/>. ² “Chapter 2: Participation in Catholic Rites and Observances,” Pew Research Center’s Religion & Public Life Project (Pew Research Center, April 26, 2022), <https://www.pewresearch.org/religion/2015/09/02/chapter-2-participation-in-catholic-rites-and-observances/>. ³ “Frequently Requested Church Statistics,” Center for Applied Research in the Apostolate (CARA), accessed August 25, 2022, <https://cara.georgetown.edu/frequently-requested-church-statistics/>. ⁴ “Facts about Suicide,” Centers for Disease Control and Prevention (Center for Disease Control and Prevention, July 25, 2022), <https://www.cdc.gov/suicide/facts/index.html>. ⁵ Jeffrey M. Jones, “U.S. Church Membership Falls below Majority for First Time,” Gallup.com (Gallup, November 20, 2021), <https://news.gallup.com/poll/341963/church-membership-falls-below-majority-first-time.aspx>.

Four Pillars

The four pillars of the Revival are offered as a starting point to brainstorm initiatives that will further spark your community on fire with love for Jesus. The ideas to follow are meant to encourage creative, effective, and practical approaches that fit the character of your parish/organization, rather than rigid direction. We look forward to celebrating the diverse expressions of Eucharistic love reflected in each of your unique communities!

1. Personal Encounter

Bring your people to Jesus.

No one who approaches their creator leaves unchanged. Create space for the faithful to gather in a moment of encounter with Our Lord. The Holy Spirit uses the energy created through gathering in a group as a way to usher new movements and transformations in our Church.

Reflection

- Do we plan with an expectation that Christ desires personal encounter and will “show up” when invited?
- How do you create experiences where the voice of God can be heard in the heart of a person?
- What type of environment encourages the heart toward conversion?

Ideas

- Bring Jesus out in public with bold Eucharistic processions.
- Host the relics of saints, sharing their personal stories of relationship with Christ in the Eucharist (Bl. Carlo Acutis and St. Manuel Gonzalez Garcia are special intercessors for the Revival).
- Schedule Mercy Nights or other forums for adoration and prayer.
- Consider hosting Advent and/or Lent adoration series.
- Center parish missions/retreats on the Eucharist, offering adoration and Confession as avenues for encounter with Our Lord.



Jesus is waiting for you in the chapel. Go and find him when your strength and patience are giving out, when you feel lonely and helpless. Say to him: ‘You know well what is happening, my dear Jesus. I have only you. Come to my aid ...’ And then go your way. And don’t worry about knowing how you are going to manage. It is enough to have told our good Lord. He has an excellent memory.”

Saint Jeanne Jugan

Four Pillars

2. Reinvigorating Devotion Receive Jesus. Worship Jesus.

How we worship matters. Emphasize reverence in the liturgy and elevate the practice of Eucharistic devotions, prioritizing an increase in opportunities for adoration and both parish and diocesan Eucharistic processions. This provides a public witness while strengthening the faith and unity of Catholics in your community.

Reflection

- How do we worship?
- What is the model and expectation of reverence placed on the Eucharist in our liturgies?
- How do we actively witness to Christ as fully present in the Eucharist?

Ideas

- Foster a culture of intercessory prayer among the faithful of your parish, providing periodic updates by which they can continually refocus their intercession.
- Invite all members to commit to one weekly Holy Hour dedicated to interceding for your community's efforts of Revival.
- Share a prayer card encouraging the renewal of Eucharistic faith in your community.
- Identify and share inspiring stories about the Eucharist (video, audio, and written) such as:
 - Testimonials from members of your community witnessing their faith and love for Jesus in the Eucharist
 - Stories of Eucharistic miracles
 - The transformative power of the Eucharist in the lives of the saints
 - How to cultivate a renewed and deeper Eucharistic focus in the home.

- Promote the practice of short visits to the Blessed Sacrament
- Instruct the faithful on how to spend time in silent prayer before Jesus in the Eucharist and how to make a Holy Hour.
- Include a space on your parish website (in your parish newsletter or bulletin) focused on the Eucharist and periodically include powerful testimonies of Eucharistic faith.
- Invite parish/organizational staff to promote Eucharistic prayer and seek renewal in their offices.



If you have some wound in your heart, some pain, and you want to object, object even to God. God will listen to you. God is a Father. God is not afraid of our prayer of protest, no! God understands. ... Prayer should be like this: spontaneous, like that of a child with his father, who says everything that comes out of his mouth because he knows his father understands him.

Pope Francis

Four Pillars

3. Deepening Formation

Learn and preach the truth about Jesus.

With more than 50% of Catholics not knowing the Church's doctrine on the Real Presence, a bold clarity in the true teaching of the Church is necessary to bring understanding. Pursue robust formation through spiritual reading, educational events, and study groups. The more intimately we know Our Lord, the better we can love him, serve him, and bring other people to know him!

Reflection

- How do we boldly teach the Real Presence of Christ in the Eucharist?
- What formative experiences are offered to youth and adults?
- What cultural expectation exists toward continued formation in intimacy with Our Lord for every member of our community?

Ideas

- Share catechesis on the Real Presence of Jesus in the Eucharist and the Holy Sacrifice of the Mass. Consider also catechesis on important Eucharistic practices such as Eucharistic fasts, proper reception of Holy Communion, the proper disposition to receive Holy Communion, and the importance of the conversion of life needed upon receiving the Eucharist.
- Provide renewed formation for Extraordinary Ministers of Holy Communion.
- Use convocations, study days, and days of recollection to focus on the ars celebrandi as a spiritual reality. Teach the lay faithful to make remote and proximate preparation for the reception of Jesus in the Eucharist—especially Confession, penitential practices, and other spiritual exercises.
- Explore options for scheduling days of renewal and formation for parish and organizational leaders with a Eucharistic focus.
- Teach how to fruitfully pray the Mass, open oneself more fully to the grace of receiving Jesus in Holy Communion, and the meaning of full, conscious, and active participation.

- Focus parish events for teachers and catechists on the Eucharist through prayer, teaching, and exhortation.
- Invite catechetical offices (schools, SOR, RCIA/OCIA, adult formation) to include a curriculum that promotes revival.
- Attend virtual informational sessions and ongoing webinars structured to support parish and organizational leaders.
- Encourage leaders and staff to sign up for the Heart of the Revival newsletter and share details about this opportunity via diocesan communication channels.



Four Pillars

4. Missionary Sending

Go out and bring Jesus to the world.

How we worship matters. Emphasize reverence in the liturgy and elevate the practice of Eucharistic devotions, prioritizing an increase in opportunities for adoration and both parish and diocesan Eucharistic processions. This provides a public witness while strengthening the faith and unity of Catholics in your community.

Reflection

- Do we expect missionary disciples to be active in our community?
- How do we identify well-formed individuals and encourage them toward mission?
- How do we encourage individual docility and personal prayer in our mission activities?

The Eucharistic Revival is intended to be far more than a series of events or a program. It aims to be a movement that enkindles a living relationship with Jesus Christ in the Eucharist and renews the Church.

Bishop Andrew Cozzens

Ideas

- Participate in Christ's Eucharistic gift of self through the corporal and spiritual works of mercy, imitating his sacrificial model of charity and service.
- Encourage small group leadership development toward missionary discipleship
- Encourage small group content that prioritizes intentional accompaniment toward conversion of the individual heart
- Consider consistent messaging through the internet, social media platforms, and other forms of communication to your community that inform and invite the faithful into Eucharistic Renewal.
- Collaborate with other Catholic organizations to brainstorm efforts of inviting and engaging a broader spectrum of individuals into deeper conversion and devotion to Jesus in the Eucharist.
- Invite leaders to sign up to become Eucharistic Missionaries.
- Reach out to local religious communities to ask for prayers for the success of Eucharistic Renewal at the local and national levels.
- Cultivate relationships with pastors and organizational leaders to facilitate cooperation in the Year of Parish Revival.



Revival Timeline

Eucharistic Revival Launch



June 19, 2022 | Feast of Corpus Christi

June 2022 – June 2023



Diocesan Year of Eucharistic Revival

The Year of Diocesan Revival (June 2022–June 2023) has invited diocesan staff, bishops and priests to respond to the Lord's personal invitation, equipping them to share this love with the faithful through eucharistic congresses and events.

Parish Year of Eucharistic Revival

The Year of Parish Revival (June 2023–July 2024) will foster Eucharistic devotion at the parish level, strengthening our liturgical life through faithful celebration of the Mass, Eucharistic Adoration, missions, resources, preaching and organic movements of the Holy Spirit.



June 2023 – July 2024

July 17–21, 2024



National Eucharistic Congress

A National Eucharistic Congress will convene July 17–21, 2024, in Indianapolis, Indiana, gathering 80,000+ Catholics to reconsecrate their hearts to the source and summit of our faith.

Year of Going Out on Mission

The Year of Going Out on Mission (July 2024–Pentecost 2025) will be entrusted to the Holy Spirit's movement, having enkindled a missionary fire in the hearts of the American faithful, in sending us out on mission to share the gift of our Eucharistic Lord as we enter the universal Church's jubilee year in 2025.



July 2024 – Pentecost 2025

Impact

What will be the fruit of this revival?

- The Church in the United States will unify around the source and summit of our faith.
- We will experience healing as individuals and as a nation, restored to wholeness in the presence of our Eucharistic Lord.
- Christ will draw closer to all hearts than ever before, deepening conversion and bringing with him the peace only he can provide.
- Through intentional formation, more Catholics and non-Catholics will come to believe in the Real Presence and have a living relationship with Jesus in the Eucharist.
- The Holy Spirit will lead individuals and communities to use their talents in a grassroots outpouring of creativity, devotion, and missionary zeal.

Our own moment of crisis begs for no surer response than the Eucharist can offer, and the potential returns of allowing Jesus his central role are literally eternal.

Sr. Alicia Torres, F.E.

Daily Consecration Prayer

From St. Peter Julian Eymard

O my God, in a spirit of adoration, thanksgiving, reparation and petition
I offer you the actions and sufferings of this day
in union with the Eucharistic Heart of Jesus
in order to render to that adorable Heart dwelling among us
the debt of justice and love due to his august presence
and moreover to offer to your Divine Majesty through him,
with him and in him the glory that he himself renders you here on earth.
Lastly, I make this offering to obtain by means of that Almighty Mediator,
peace for the Church, salvation for our country and all the other graces for
which we call on you. Amen!

ArchKCK Eucharistic Amazement Planning Ideas

The world is hurting...

We all need healing, yet many of us are separated from the very source of our strength. Jesus Christ invites us to return to the Source and Summit of our Faith: His Real Presence in the Eucharist. The National Eucharistic Revival is a movement to restore understanding and devotion to this great mystery in the United States.



The Church has withstood scandal, division, disease, and doubt throughout human history, and today we face them all at once. Our response in this moment is pivotal. In the midst of these roaring waves, Jesus is present, reminding us that he is more powerful than the storm. He desires to heal, renew, and unify the Church and the world.

How will he do it? By uniting us once again around the source and summit of our faith—the Holy Eucharist. The National Eucharistic Revival is the joyful, expectant, grassroots response of the entire Catholic Church in the U.S. to this divine invitation. It takes time to kindle a living, loving relationship—and a relationship with Jesus Christ is no exception.

That's why the Eucharistic Revival allows three years for discernment, encounter, and grassroots response on the diocesan, parish, and individual levels (<https://www.eucharisticrevival.org/>). Below is a list of opportunities and encounters to fuel your discernment of how your community can invite the Lord to “gather all of his children scattered throughout the world”:

For Parish & Organizational Leaders

- Share National Eucharist Revival free courses at <https://www.eucharisticrevival.org/learn-resources>
- Promote liturgy workshops for musician and lay ministers
- Offer parish liturgical training and/or workshops on the Eucharist
- Share The Veil Removed video/study at: www.theveilremoved.com
- Offer a Mass Explained or Teaching Mass (Dr. Mike Scherschligt or Msgr. Tom Tank)
- Invite Dr. Mike Scherschligt to pray a Eucharistic Rosary and share catechesis
- Invite Dr. Mark Zia (BC) or Sebastian D'Amico (Bilingual) to give Shroud of Turin Presentation
- Offer That Man is You/Journey/CHIRP/retreats/small groups that focus on Sacramental grace
- Facilitate Called & Gifted (or another charism discernment process) to foster Eucharistic listening
- Offer Forgiveness 101 course <https://www.forgivenessinstitutekc.com/>
- Offer Discipleship and Evangelization Equipping
- Display traveling Eucharistic Miracle posters inspired by Blessed Carlos Acutis

Ideas for Clergy

- Focus on offering vibrant liturgies and Eucharistic preaching
- Offer Eucharistic Amazement Adoration opportunities and Reconciliation
- Offer a vibrant Corpus Christi celebration
- Read and Promulgate On Keeping the Lord's Day Holy (Dies Domini) St. John Paul II
- Promote Sabbath rest and Eucharistic renewal to parishioners and community
- Sign up to receive National Eucharist Revival Updates and inspiration
- Shared discussion of any of these suggested texts:
 - *General Instruction of the Roman Missal*
 - *The Power of Silence: Against the Dictatorship of Noise* (Robert Cardinal Sarah)
 - *The Spirit of the Liturgy* by Joseph Cardinal Ratzinger (Pope Emeritus Benedict XVI)
- Attend Priest study days for renewal & formation

To view our Revival webpage, scan or visit:

www.archkck.org/revival



ArchKCK Eucharistic Amazement Planning Ideas

For School Leaders

- Implement Adoration opportunities (Generation Adoration) for SOR and school students
- Facilitate the sharing of personal Eucharistic testimonies
- Adoration and/or Mass with small groups/classes/teams
- First Fridays Adoration for school community
- Eucharistic Retreats (Prairie Star Ranch & Camp Tekakwitha summer camp)
- Promote Eucharistic Art Show (high school students) offered by Catholic Fine Arts Council

Fostering Eucharistic Amazement in the Home

- Encourage families to have a sacred space or holy corner in their home
- Encourage families to have a Holy Water font accessible in their home
- Teach family prayer forms (Night Prayer and Salve Regina)
- Use Catholic Household Blessings and Prayers (N.E.) to commemorate family occasions and share holy traditions
- Impress on families the sacredness of mealtimes (breaking of the bread)
- Encourage parents to bless their children with the Sign of the Cross

Other Opportunities & Resources

- Promote Encounter School of Ministry, Kansas City Campus
- St. Cecelia Mass w/Scola offered by the Catholic Fine Arts Council
- Encourage Men to attend a Eucharistic retreat (Men Under Construction or Fire Retreat)
- Promote Camp Tekakwitha (Eucharistic Instruction) for youth and families
- Encourage women to attend a Eucharistic retreat (Tekakwitha Women's Retreat)
- Engage in School of Faith monthly Reclaim Sunday Gatherings, classes and immersion retreats
- Experience Catholic Charities Eucharistic Amazement offerings
- National Website: <https://www.eucharisticrevival.org/>
- Local Website: <https://archkck.org/eucharistic-revival/>



What ideas do you have? Let us know via email: enflame@archkck.org

HERE TO
SERVE YOU



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ARCHKCK OFFICE OF
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"The Eucharist is everything,
because from the Eucharist,
everything is."

St. Peter Julian Eymard

