



Become a *Walking with Moms* in Need Parish



WHY?

Women facing a difficult pregnancy should see the Church as a place to find love and support. Parishes do not need to become pregnancy help centers, but they can connect women to Archdiocesan and community resources and provide her support and encouragement. The majority of post-abortive women say they didn't "choose" abortion, but instead felt like they had no choice. Many lacked resources, support or someone who was willing to say, "You can choose life for your child and we can help".

As a **Walking With Moms Parish**, you can help spread this message of support! We know there are Catholic women facing difficult pregnancies, and we know our parishioners *know* pregnant women needing help. We have the ability through our parishes to reach women in need, helping them choose life for their child and a happier, healthier future for themselves.

HOW?

IT IS EASY TO BE A WALKING WITH MOMS PARISH! SUGGESTED ACTIONS:

- 1 **Form A Pro-Life Committee** with three or more people willing to help engage the parish in providing the following possible corporal & spiritual works of mercy:
 - Connect a woman in need with a Pregnancy Help Center and/or the Archdiocesan Gabriel Project
 - Be aware of and share other community resources that can provide help
 - Pray for the woman, child and family
 - Encourage your parish to help her with material needs by throwing the mother a maternity or baby shower for needed items.
 - Invite the mother to join a parish prayer group or organization to get her connected to the parish community.
 - Assist with transportation if the mom needs help getting to doctors' visits, the pregnancy help center, parenting classes, etc. (either by driving or assisting with Uber gift cards)
 - Provide a meal-train after the baby arrives.
 - Offer help with child care for other children in the family or the newborn if needed

- 2 **Invite your Parish Pro-Life Coordinator** and **Parish Administrative Assistant** or another parish office representative to watch the *Walking With Moms Parish Formation Webinar* to understand the goals of the initiative and what steps to take should a woman reach out for help.

- 3 **Utilize the provided Marketing Materials** to spread the word!
 - Yard Signs / Posters / Bulletin Announcements / Social Media Graphics
 - Make the WWM brochure and the Gabriel Project brochures widely available

