

# Reflections on John 6

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Archbishop Naumann - Week 5



## **Gospel Reading - John 6: 60-69**

"Then many of his disciples who were listening said, "This saying is hard; who can accept it?" Since Jesus knew that his disciples were murmuring about this, he said to them, "Does this shock you? What if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are spirit and life. But there are some of you who do not believe." Jesus knew from the beginning, the ones who would not believe and the one who would betray him. And he said, "For this reason, I have told you that no one can come to me unless it is granted him by my Father." As a result of this, many of his disciples returned to their former way of life and no longer accompanied him. Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God."

***My God and Savior  
Jesus Christ,  
true God and true Man,  
I firmly believe that you  
are really and bodily  
present in the Blessed  
Sacrament of the Altar.  
From the depths  
of my heart,  
I adore You.***

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## **Reflection Questions:**

1. Have you ever felt overwhelmed by the Real Presence in the Eucharist?
2. What does it mean that the Eucharist is the "antidote to death"?
3. Which of the early Church father's testimonies touched your heart?
4. When have you experienced deep intimacy with Jesus?
5. How does it feel to be prevented or separated from the Eucharist?
6. Where have you witnessed Christ "dwelling" in another person?

How does this Scripture passage affirm my belief in the Real Presence of Christ in the Eucharist?