

Faith & Family - Building the Domestic Church

Holy Week & Easter

HOLY WEEK APRIL 10 - 16

Palm Sunday - April 10th

Holy Thursday - April 14th

Good Friday - April 15th

Holy Saturday - April 16th

Easter Sunday - April 17th

Enjoy this special Holy Week & Easter Edition and see the May edition for a more in depth look at the new name and what the future will look like for the Catholic Parenting Newsletter. . Happy Easter!

TIPS FOR CELEBRATING HOLY WEEK

- **Be Intentional** - Don't make this just another week. Use this week to double down, maybe add a sacrifice, create extra space and silence for the Lord to grow in detachment
- **Pray** - Spend time meditating on Jesus' love and mercy
- **Make the Liturgies a Priority** - take this opportunity to teach your kids about the Triduum!
- **Celebrate *hard* on Easter** - Rejoice in the Resurrection!



"Apart from the cross,
there is no other ladder by
which we may get to
Heaven."

– **St. Rose of Lima** –

Great Ways to Experience the Week for the Entire Family

Palm Sunday: Make palm branches and do a procession, and read Matthew 21. [Catholic Icing](#) has many great crafts!

Holy Week: Traditions include cleaning out your home, putting together a donation, finishing Lent activities. Make [peg dolls](#) and find a version easy enough to let the kids do most of the work. Use these to act out the Passion and use the Easter characters to talk about the characters and story in a tangible and physical activity. They also have a printable version.

Holy Thursday: Do a [Lenten Story meal](#), where each item on the menu represents a section of the story of Jesus' passion. You can also consider a Passover meal. Making unleavened bread and don't miss a family foot washing.

Good Friday: Since Good Friday is a day of fasting, check out this article for 25 great ways to devote the day to Christ! Make sure to [Pray the Stations of the Cross](#) and attend Good Friday liturgy.

Holy Saturday: Make a [paschal candle](#) and talk about the symbolism with your kids. Sit around a fire and read the vigil readings and this ancient homily.

Easter Sunday: You can work on Easter crafts all eight days of the Octave. Make [resurrection eggs](#) and resurrection story cookies on Easter itself, and then make [resurrection crafts](#) throughout the week.

(Adapted from the *Catholic Link*)

"THE JOY OF EASTER" PRAYER FOR CHILDREN

Oh, dear Lord, when I first
learned
about your Crucifixion,
fear was in my heart.

Knowing what they did to you
is hard to understand.
I was worried that we lost you
but trusted, this was planned.

Now, I understand the joy
your painful path would bring.
Now, I know your sacrifice
that we rejoice and sing.

Behold the joy of Easter,
the miracle we were shown.
Rejoice your Resurrection, our
faith forever sown.

(Loyola Press)



JOKE OF THE MONTH:

What day does an Easter
egg hate the most?

Fry-day!

DIVINE MERCY SUNDAY

On the second Sunday of Easter, we celebrate Divine Mercy Sunday. It's an annual feast honoring devotion to Christ's tender mercy for all humanity. It is based on the private revelations that St. Faustina Kowalska received which recommend a particular devotion to the Divine Mercy. Jesus himself gave Sister Faustina the Divine Mercy Chaplet in 1935.

Do you know the Divine Mercy Chaplet? In preparation for Divine Mercy Sunday, we encourage you to pray the Divine Mercy Chaplet as a family this week. It has a similar structure to the Rosary (e.g. 5 sets of 10 prayers), so you can use rosary beads to help you keep your place.

[How to pray the Divine Mercy Chaplet](#)

[Kid's Video about St. Faustina](#)

[Make a Divine Mercy Chaplet](#)

[History of Divine Mercy](#)

TEACH YOUR KIDS ABOUT THE SAINTS!

APRIL FEAST DAYS

April 28th - St Gianna Beretta Molla



- St. Gianna chose to sacrifice her own health, and ultimately her life, for the life of her unborn child after developing a fibroma on her uterus during pregnancy.
- Patron saint of mothers, physicians and unborn children
- Canonized May 16, 2004

April 28th - St Louis de Montfort

- St. Louis is known for his devotion to the Blessed Virgin Mary and the Rosary, the angels, and his heart for caring for the poor.
- Canonized July 20, 1947



April 29th - St Catherine of Siena

- St. Catherine was a Dominican lay member and a mystic. She is known for her holiness, asceticism, and her devotion to a life of rigorous fasting. She was influential in religious and political affairs of the Church
- Patron saint of nurses
- Canonized June 29, 1461, named Doctor of the Church in 1970



(Adapted from the Catholic Online)

Upcoming Events:

Weekend Immersion
retreat for married
couples

April 23-24

use promo code ARCHKCK

Family Week Retreat
Benedictine College

May 22-28

Special Needs Family
Camp

June 17-19

Special Needs Totus
Tuus

June 25-29

Camp Tekakwitha

See website for all
available weeks

Totus Tuus

See website for all
available weeks

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Bible in a Year Podcast

If you've struggled to read the Bible, this podcast is for you. Ascension's Bible in a Year Podcast, hosted by Fr. Mike Schmitz and featuring Jeff Cavins, guides Catholics through the Bible in 365 daily episodes. Each 20-25 minute episode includes:

- two to three scripture readings
- a reflection from Fr. Mike Schmitz
- and guided prayer to help you hear God's voice in his Word.

Unlike any other Bible podcast, Ascension's Bible in a Year Podcast for Catholics follows a reading plan inspired by the Great Adventure Bible Timeline® learning system, a groundbreaking approach to understanding Salvation History developed by renowned Catholic Bible teacher Jeff Cavins. Tune in and live your daily life through the lens of God's word.

(Adapted from Ascension Press)



Holy Family School of Faith

Holy Family School of faith leads people to Jesus through friendship, good conversation, and the Rosary.

Every evening, Dr. Mike Scherschligt gathers with family and friends to say the rosary - and thousands of people throughout the world join him.

These Daily Rosary Meditations are perfect for your daily commute or morning coffee listening.

Visit <https://www.schooloffaith.com/> to learn more.



HOLY FAMILY SCHOOL OF FAITH

(adapted from Holy Family School of Faith)

Out of town for the weekend? Find a Mass near you!

Masstimes.org helps Catholics find churches and worship times worldwide.

Visit [Masstimes.org](https://www.masstimes.org) or download the app today.

Magnificat

A spiritual guide to help you develop your prayer life, grow in your spiritual life, and participate in the holy Mass with greater fervor.

<https://us.magnificat.net/>