

# Reflections on John 6

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Archbishop Naumann - Week 3



## **Gospel Reading - John 6: 41-51**

The Jews murmured about him because he said, 'I am the bread that came down from heaven,' and they said, 'Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven?' Jesus answered and said to them, 'Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day. It is written in the prophets: 'They shall all be taught by God.' Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that the one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.'

***My God and Savior  
Jesus Christ,  
true God and true Man,  
I firmly believe that you  
are really and bodily  
present in the Blessed  
Sacrament of the Altar.  
From the depths  
of my heart,  
I adore You.***

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## **Reflection Questions:**

1. Do you murmur about the work of God?
2. What things in your life make it difficult to understand God's love?
3. Where might God be trying to give you something more in your life?
4. What does a personal relationship with Jesus mean to you?
5. How do we become what we receive in the Eucharist?
6. How do we make the Eucharist the most important part of our lives?

How does this Scripture passage affirm my belief in the Real Presence of Christ in the Eucharist?