

Reflections on John 6

Archbishop Naumann - Week 2



Gospel Reading - John 6: 24-35

"When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum, looking for Jesus. And when they found him across the sea, they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen. Amen. I say to you, you are looking for me, not because you saw signs, but because you ate the loaves and were filled. Do not work for food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For on Him, the Father God has set his seal. So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God that you believed in the one he sent." So they said to him, "What sign can you do that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written. He gave them bread from heaven to eat." So Jesus said to them, "Amen, amen. I say to you, it was not Moses who gave the bread from heaven. My Father gives you the bread from heaven, for the bread of God is that which comes down from heaven and gives life to the world." "So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never hunger. And whoever believes in me will never thirst."

***My God and Savior
Jesus Christ,
true God and true Man,
I firmly believe that you
are really and bodily
present in the Blessed
Sacrament of the Altar.
From the depths
of my heart,
I adore You.***

Reflection Questions:

1. What are the hungers of your heart?
2. How are you being called into deeper communion with God?
3. What is the mission of your life?
4. When have you experienced strong communion with God in your life?
5. Where might God be bringing peace to the anxieties of your life?

How does this Scripture passage affirm my belief in the Real Presence of Christ in the Eucharist?