

Crowds to Three

Creating Your Individual Plan

When sitting down to create your own Individual Plan, call upon the Holy Spirit for guidance:

A PRAYER of ABANDONMENT to the DIVINE WILL

Father, I come to You this day asking You, in Jesus Name, to take me just as I am and transform me into the creature that You desire me to be.

Please send Your Holy Spirit to guide me throughout this day.

O Lord, help me to be myself, striving to be better, and to look forward, in thanksgiving, to You, Father, for all Your blessings around me.

I ask Your help in honesty, to You, myself and others.

I ask for the Grace to admit my faults.

I ask Your forgiveness and Your Mercy and accept Your great love.

I ask You to help me read Your Word, Lord Jesus, and grant me the Grace to go by Your promises and acts, not my feelings.

Please help me today, Lord, to take the opportunities You give me to share the goodness You have given me with others.

I thank You for this day, Lord, and for the additional time that You have given me.

Please help me to use it for Your Honor and your Glory, in Jesus Name.

Amen!

**Holy Spirit, give me confident faith
and a lighthearted reliance upon you.
As I surrender myself to you,
empower me to touch others with your love.**

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Here is an extra blank copy from the Crowds to Three booklet for you to draft your own Individual Plan for Evangelization.

ENFLAME YOUR HEART

Your Thumbnail - This is just a jumping off point! Please use more paper as needed.

How are you allowing the Holy Spirit to enflame your heart through...?

Note areas you plan to increase focus.

Scripture

Prayer

Fellowship

Iron sharpens iron. Proverbs 27:17

Sacraments

Discernment of Daily Apostolate

(Divine Appointments)

INDIVIDUAL PLAN

Your Thumbnail - This is just a jumping off point! Please use more paper as needed.

Who are my:

How am I praying for:

Crowds

Crowds

72

72

12

12

3

3

How am I caring for:

How am I sharing with:

Crowds

Crowds

72

72

12

12

3

3

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Enflame Your Heart Examples

Scripture:

- I'm not doing much right now, but will begin reading the daily mass readings using the Laudate (iBreviary, etc.) app with my morning cup of coffee.
- I'm currently attending a weekly bible study on the Gospel of John
- I'm currently reading the Magnificat each day before I go to Mass
- I'm not doing much right now, but for storytime with my children, I will read a story from the Children's Bible to my kids

Prayer:

- I'm going to say a rosary every day.
- I will subscribe and follow more of the Pray More Novenas (www.PrayMoreNovenas.com)
- I will devote an hour to Eucharistic Adoration in the chapel each week
- I will remember to use spontaneous prayer throughout my day in praise and petition

Fellowship:

- I will meet with a coffee group to discuss a good spiritual book (books by Dynamic Catholic, Fr. Michael Gaitley, St. Francis DeSalles, Mother Teresa, eg)
- I will meet with my CRHP Retreat team once a month
- I am a member of the Legion of Mary or Knights of Columbus (MOYC, TIY, etc.)
- I am serving with the parish group going to St. Mary's Kitchen monthly

Sacraments:

- I am attending an extra Mass during the week in addition to Sunday
- I will go to Confession at least once a month
- I will help take Holy Communion to the sick and homebound of the parish
- I will attend an ordination with my family to welcome and support new deacons and priests
- I am currently a (lector, Extraordinary Minister of Holy Communion, greeter) at masses

Discernment of Apostolate:

"The work of an apostle, not only of the first followers of Christ but of all the faithful who carry on the original mission entrusted by the Savior to the twelve to "make disciples of all nations" (Matthew 28:19). The apostolate belongs essentially to the order of grace. Its purpose is not temporal welfare, however noble, but to bring people to the knowledge and love of Christ and, through obedience to his teaching, help them attain life everlasting."

(Fr. John A. Hardon, S.J. -- *Catholic Dictionary: An Abridged and Updated Edition of Modern Catholic*, 1980)

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