

Ongoing Marriage Enrichments at a Glance

	Description	Format	For more information or to register:	For whom?
Living in Love * (Weekend)	Provides insights & strategies to help couples live a sacramental vision of marriage.	Weekend workshop, couples sleep at home.	www.archkck.org/livinginlove	Average couples.
Living in Love* (Follow-up)	Teaches practical skills to live out the vision of marriage in everyday life.	9 weeks of 'date nights' or a weekend.	Contact the Office of Marriage and Family Life for upcoming dates. Brad DuPont: bdupont@archkck.org	Couples wanting enrichment and/or wanting to be trained to mentor the engaged.
Every Day in Love*	Introduces couples to a vision of sacramental marriage & equips them with practical skills to live it.	A series of 4 sessions of 3 hours each. Parish typically provides babysitting.	Contact Brad DuPont to schedule one at your parish: (913) 647-0301	Couples who cannot make a weekend, or who want to get a 'taste' of the material before committing to a weekend.
Recharge*	Practical tips & skills for living as a sacramental couple.	One 4-hour session. Parishes often provide babysitting.	Contact Brad DuPont to schedule: bdupont@archkck.org	Average couples, those too busy for longer enrichments.
Worldwide Marriage Encounter	Equips couples to communicate effectively in all situations, emphasizes their sacramental call.	Weekend retreat, couples sleep away.	http://www.wwme.org/	Average couples.
Retrouvaille	Help for couples in crisis.	Weekend retreat + follow-up course.	https://retrouvaille.org/	Couples dealing with serious issues or contemplating divorce.
School of Love Date Nights	Monthly date night for married couples.	Meet for a talk and appetizers, finish date on your own.	http://schooloflovekc.com	Average couples.
Amoris laetitia retreat	Reflection for married couples on <i>Amoris laetitia</i> , Chapter 4 (1 Cor 13).	A reflection is emailed to the couples daily for 30 days.	https://www.archkck.org/family-life/amoris-laetitia-retreat	Any couple, even one whose spouse does not want to participate.
ReFOCCUS	Inventory for marriage enrichment.	Questions answered online.	http://www.foccusinc.com/refocus-inventory.aspx	Individual couples or group of couples within a parish.
Teams of Our Lady	Ongoing fellowship & formation for couples.	Small group of couples meets monthly with a chaplain.	http://www.teamsofourlady.org/	Average couples.

* Based in Theology of the Body.

